



## **Trends and Problems of Updated Approaches to Learner Autonomy**

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**KEYWORDS** Learner Autonomy. Learning Strategies. Sample Classroom Activities

**ABSTRACT** Learner autonomy in Teaching English as a Foreign Language (TEFL) has been a pivotal issue for a long time. Since the beginning of the millennium era, there have been numerous studies to promote learner autonomy in different levels of foreign language teaching. In this paper, reasons for developing learner autonomy are explained, and then new approaches in experimental teaching for pre-service EFL education students are highlighted. In addition, language learning strategies are explored, sample classroom activities are investigated, and useful resources on learner autonomy are suggested.